

# Training for counsellors

## Working with the Functionality of Neurodivergent CYP

Neurodivergent people – children, young people and adults – often feel they are to blame, living in a world that feels not made for them. Moving towards a strengths-based approach to neurodiversity enables the therapist to view neurodiverse functionality through a different lens.

Dedicating 12 years of therapeutic practice to working with high level educational needs, Zara has developed a whole systems approach to understanding the context of the client's world. This means distancing the blame from the self onto reactions to situations. Personalising therapeutic approaches has allowed her to create a pathway to connect with the client, their parents and other parties to help clients to thrive, rather than merely survive. And now, she is ready to share her vast knowledge and experience with others.

This experiential course will allow you, the therapist, to learn essential skills, knowledge and ethics to support you in your future work with neurodivergent young people clients, their families and other parties within the clients' systems.

### When?

Day 1 – 27 September 2024

Day 2 – 28 September 2024

Day 3 – 11 October 2024

Day 4 – 1 November 2024

Day 5 – 22 November 2024

Day 6 – 23 November 2024

Cost: £700.00

Reserve your place at <https://www.training-for-counsellors.co.uk/book-online>



**Call or Text**

07494-782-825



**Email**

info@training-for-counsellors.co.uk



**Website**

training-for-counsellors.co.uk

# Training for counsellors

## About Training for Counsellors

### Our Story

Hi. I'm Sam. Training for Counsellors has been an ambition of mine for many years. Initially, I began training counsellors in the Advanced Diploma for Clinical Supervision under my counselling practice, number 11 counselling. This course is now recognised as a specialist course by the National Counselling and Psychotherapy Society.

Through this, I was fortunate to see and experience the vast amount of lived professional experience by talented and resolute professional therapists and the decision was made to establish Training for Counsellors.

There are several aims for the business: to create to provide local, high quality, in-person (mostly) training and CPD opportunities; to invite counselling professionals with a desire to share their knowledge and experiences with other practitioners who want to learn from them; and to help gather a community of counsellors to help break the sense of isolation that can sometimes be felt working in our profession.

I am proud and grateful to say that this solo venture is increasingly becoming a 'we' venture as others want to be part of the same.

### And who am I?

As I said, I'm Sam. Anyone who knows me will tell you that I wear many hats! All of them have therapeutic counselling practice at their centre. Working mostly in private practice now (at [www.number11counselling.co.uk](http://www.number11counselling.co.uk)), most of my client work comprises working with adults and teens who are experiencing the effects of relational trauma. I am also an experienced clinical supervisor, a PD facilitator and a student at the University of Chester completing my Professional Doctorate.

As a late-diagnosed autistic and self-recognising as AuDHD, I am continuously developing understanding of the nuanced needs of neurodivergent clients and adult learners. Like many practitioners, I am learning reflexively about how to be more effective as a practitioner to the neurodivergent community and I consider myself extremely privileged to be working alongside Zara. With her insights, I have gained hugely from her years of learning and studies which have put her ahead in this field.



Call or Text

07494-782-825



Email

[info@training-for-counsellors.co.uk](mailto:info@training-for-counsellors.co.uk)



Website

[training-for-counsellors.co.uk](http://training-for-counsellors.co.uk)