

Training for Counsellors

Working Expressively with Children and Young People

Overview:

When words fail, does your confidence falter?
Are you improvising with play — rather than working with intention?
Are you nervous when incorporating creativity into your talking therapy practice?

Children and adolescents often struggle to articulate their thoughts and feelings through words alone. Expressive methods, such as play, movement and story can reach the gap between inner experience and outward expression.

Join us for an inspiring workshop extend the power of expressive approaches when working with children and young people. This training will deepen your experience and understanding of creative, age-appropriate interventions that foster emotional expression, safety and connection. With practical tools and therapeutic insight, you will be able to approach your children and young people clients in their natural language and provide a safe engaging way to explore difficult themes such as grief, trauma, anxiety and identity.

Each event focuses on different interventions and their therapeutic value.
Details are in the booking links with dates.

Who is this course for?

This course is aimed at qualified Counsellors & Psychotherapists and those in training who want confidence when using play and creative interventions in therapy.

Where: Training for Counsellors, Haydock House, Haydock Mews, Pleckgate Road, Blackburn, Lancashire. BB1 9RP

Interested? Booking link at [Book Online | Training Counsellors](#)



Call or Text
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About Chanelle

Chanelle, is a counsellor and psychotherapist who incorporates play, creativity and embodiment into her approach.

She has honed her way of being with clients in a way that every stage of the therapeutic encounter - contracting, session openings, therapeutic enquiry, session closing end contract closure can be a supportive, empathic, trauma-informed intervention that speaks to the child's identity and sense of belonging.

Learning the process has taken time, courage to be vulnerable and has sometimes brought out the professional imposter syndrome. Continued reflective and deliberate practice helped her notice it's impact on the therapeutic healing process which repeatedly ignites her passion to support children and adolescents who are doing their best to cope with life's challenges. This is why she wants to share her learning and support to other counsellors who want to tap into creative resources but aren't sure how.

About Training for Counsellors

Training for Counsellors was established in 2023 by Samantha (Sam) Crapnell because she wanted to celebrate the vast amount of knowledge, skills, passion and commitment that exists in our profession and created a venue where this could be shared.

'We' are comprised of a growing team of people who are: designing and facilitating (or co-facilitating) courses and CPD activities, knowledge sharing their areas of interest to the benefit of clients and personal/professional development of the practitioners; becoming regular members of the Community of Practice; contributing to the ever extending library of books and learning resources; and sharing the word about what we are trying to bring to our community, our profession and our clients.

As a result, the company is developing quickly offering qualifying courses, training certificates, in person and online CPD opportunities that are relevant to and have real impact on professional practice. And we are proud of what we offer because the regular feedback confirms that we are offering learning opportunities that allow people to learn in their own way, taking away what they need.



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