

Training for Counsellors

Developing a Neuro-Affirming Lens for Your Practice

Overview:

Working with neurodivergent clients (adult or young people) can be complex and, sometimes, this is because some elements of the therapeutic alliance and process do not fit with neurotypical processes. This can cause confusion for the therapist and can interfere with the therapeutic process for the client.

In this 2-day CPD event, through the use of consolidated case studies, we will explore issues that occur in differing client demographics. The training is practice-focused meaning that you will take away knowledge, skills and ethics that will enable you to reflexively integrate your learning into your therapeutic practice.

Who is this course for?

Counsellors, psychotherapists and clinical supervisors (qualified and trainee) who want to develop a neuro-affirming lens to their therapeutic practice.

Where: Training for Counsellors, Haydock House, Haydock Mews, Pleckgate Road, Blackburn, Lancashire. BB1 9RP

Interested? [Book Online | Training Counsellors](#)

If you would like this training for your organisation, school or charity, please contact us for a chat.



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01254 476704



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Website
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About the facilitators

Sam (Crapnell) and Linsey (Bailey-Rowles) are neuro-affirming therapeutic counsellors, clinical supervisors and training facilitators who are also neurodivergent.

Working in both private practice and the voluntary sector, Linsey has experience working with adults and young people. Her spectrum of therapeutic work most commonly resides in Compassion Focused Trauma Informed practice supporting Neurodivergent, LGBTQIA+ communities and those with Hidden Disabilities / Chronic illness. She is passionate about equality, equity & social justice both within and outside of the counselling community and provides opportunities for continuing professional development within a broad spectrum of helping professions.

Meanwhile, working mostly in private practice now, Sam also has experience of working with the charity sector, adults and young people in education. Her broad spectrum of therapeutic work most commonly resides in anxiety, depression and relational trauma, sometimes resulting from or co-existing with neurodivergence.

Both Sam and Linsey are active in the counselling community, providing opportunities for continuing professional development which enhance practice, and Sam is currently studying for her Professional Doctorate with a specialist interest in the personal and professional learning and development of counsellors.

About Training for Counsellors

Training for Counsellors was established in 2024 by Samantha (Sam) Crapnell because she wanted to celebrate the vast amount of knowledge, skills, passion and commitment that exists locally in our profession.

'We' are comprised of a growing team of people who are: designing and facilitating (or co-facilitating) courses and CPD activities, knowledge sharing their areas of interest to the benefit of clients and personal/professional development of the practitioners; becoming regular members of the Community of Practice; contributing to the ever extending library of books and learning resources; and sharing the word about what we are trying to bring to our community, our profession and our clients.

As a result, the company is developing quickly offering qualifying courses, training certificates, in person and online CPD opportunities that are relevant to practice. And we are proud of what we offer because the regular feedback confirms that we are offering learning opportunities that allow people to learn in their own way, taking away what they need.



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