

Training for counsellors

Advanced Certificate in

Therapeutic Trauma Practice

The Advanced Certificate in Therapeutic Trauma Practice supports practitioners to develop confidence and competence in **working with trauma as it emerges in the therapeutic room**.

Through learning and integrating the **Kaleidoscope Trauma Framework™**, participants develop a **trauma-informed, multi-lens approach to practice**, exploring the biological, psychological, relational, and contextual impacts of trauma.

This training places particular emphasis on **working within neurodivergence and chronic illness as core lenses within therapeutic practice**, alongside an exploration of **complex and relational trauma**, which is often experienced in interconnected ways.

This course supports practitioners to:

- Build confidence working with trauma in the therapeutic room
- Work ethically and within scope (not trauma modality training)
- Understand trauma across mind, body, relationships, and environment
- Work **within neurodivergence and chronic illness** as core lenses within practice
- Explore **complex and relational trauma**
- Integrate trauma-aware practice into existing therapeutic work

Suitable for (qualified & trainee):

- Counsellors & Psychotherapists
- Psychologists
- Coaches, Specialist Mentors, Wellbeing Advisors, Support Workers
- Mental Health Practitioners

How:

- 7 × online training days (October 26 – March 27 | 9.30am-3.30pm)
- Delivered in a small, contained cohort & accessible learning space

Investment: £995 (early bird: £895 limited places)

- £100 non-refundable deposit required to secure a place
- Interest free payment available

More information & Booking link: www.training-for-counsellors.co.uk/book-online

The Kaleidoscope Trauma Framework™ © 2026 [Linsey Bailey-Rowles]



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About Linsey - Course Developer & Trainer



Linsey is an accredited psychotherapist, EMDR practitioner, supervisor, trainer, and the founder of the [Kaleidoscope Trauma Framework™](#). Working predominantly in private practice at www.libertycounsellingburnley.com Linsey's work is grounded in relationship and shaped by both lived experience and many years of therapeutic practice with people navigating trauma, neurodivergence, chronic illness, and complex relational histories.

At the heart of Linsey's approach is a belief that healing happens in relationship. Her work is informed by a 'whole self', biopsychosocial understanding of distress, recognising how mind, body, relationships, and environment interact within the therapeutic space. She works trauma-informed throughout, with particular attention to how trauma shows up in the nervous system, for both and between therapist and client, rather than only through diagnostic labels or techniques.

Alongside her EMDR training, Linsey draws on somatic and relational approaches and anti-oppressive practice to support therapy that is responsive, ethical, and deeply human. The **Kaleidoscope Trauma Framework™** has grown from this way of working and reflects her commitment to helping therapists develop confidence, presence, and compassion when trauma is present in therapeutic practice.

About Training for Counsellors

Training for Counsellors was established in 2024 by Samantha (Sam) Crapnell because she wanted to celebrate the vast amount of knowledge, skills, passion and commitment that exists locally in our profession.

'We' are comprised of a growing team of people who are: designing and facilitating (or co-facilitating) courses and CPD activities, knowledge sharing their areas of interest to the benefit of clients and personal/professional development of the practitioners; becoming regular members of the Community of Practice; contributing to the ever extending library of books and learning resources; and sharing the word about what we are trying to bring to our community, our profession and our clients.

As a result, the company is developing quickly offering qualifying courses, training certificates, in person and online CPD opportunities that are relevant to practice. And we are proud of what we offer because the regular feedback confirms that we are offering learning opportunities that allow people to learn in their own way, taking away what they need.



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