

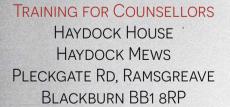


SATURDAY 22 JUN 2024 > 10 - 3 -

Join us for an immersive exploration of the practice of drawing and its significance in therapy. This workshop, inspired by a Fine Art Studio experience, will blend various approaches to delve into the fusion of [seeing + being + making] in order to uncover the intersection between aesthetic appreciation, therapeutic healing, and critical analysis.

Whether you are a professional, artist, student, scholar, or enthusiast, this event offers a chance to investigate the essence of drawing, the role of phenomenology in art, the communicative power of drawing, and its relevance in therapy settings.

Drawing materials will be supplied, along with refreshments such as coffee, tea, and sandwiches.





Matilde Tomat is an artist, writer, psychogeographer, and eclectic psychotherapist. Her practice evolved from the inquiry on loss to the discernment of past events, the idea of posterity, the concepts of Truth and the distinction between Seer and Seen. A lover of silence, she is intrigued by hidden connections, synchronicities, and the mystical. Her Practice-led MA by Research at York St John explored the encounter with the Divine in the act of drawing. Currently for her PhD at Bangor University she is researching Upper Palaeolithic rock art through the lenses of phenomenology of caves and Jungian archetypes in order to explore the emergence of consciousness.

BOOKING YOUR PLACE IS ESSENTIAL - MAX 8 PPL - FEE: £70 PP

> https://calendly.com/samantha-crapnell/drawing-beyond



This course is aimed at: both Qualified and/or in-Training Therapists, Art Therapist and Clinical Supervisors + Artists + those interested in Drawing & Creative Practices + Phenomenology + body response & affect theory + just curious people ready to try smth different.

Attendance will earn you a certificate evidencing 5 hours of CPD.

About Matilde Tomat

Matilde Tomat is an award-winning artist and writer, psychogeographer, and eclectic psychotherapist. Her practice evolved from the inquiry on loss to the discernment of past events, the idea of posterity, the concepts of Truth and the distinction between Seer and Seen. A lover of silence, she is intrigued by hidden connections, synchronicities, and the mystical. Her Practice-led MA by Research at York St John explored the encounter with the Divine in the act of drawing. Currently for her PhD at Bangor University she is researching Upper Palaeolithic rock art through the lenses of phenomenology of caves and Jungian archetypes in order to explore the emergence of consciousness. She has exhibited extensively in the UK and Italy. Her books are available on Amazon. (IB, MRes, MBACP, MNCPS)

About Training for Counsellors

At **Training for Counsellors**, we pride ourselves on being able to offer quality training and learning opportunities, honouring the same values that we bring to our therapeutic practice. Working from person-centred principles of learning and education, our aim is to create a space in which learning is facilitated in ways that makes learning collaborative, experiential, informative and enjoyable. The courses that we deliver are designed and developed to exacting standards and are either already recognised by professional bodies or in progress of gaining that accreditation. Meanwhile, the CPD is current and relevant. We actively seek - and are proud - to work with others, inviting practitioners who are knowledgeable and experienced in their special fields of interest to provide the best learning opportunities possible to help us all to keep up with the changing demands of our work.

About the Host

Sam is a Professional Accredited Therapeutic Counsellor, Clinical Supervisor, Training Facilitator, Personal Development Facilitator and Executive Coach. Working mostly in private practice now, she also has experience of working with the charity sector, adults and young people in education. Her therapeutic work most commonly addresses aspects of anxiety, depression and relational issues. As a neurodiverse practitioner herself, she has developing understanding of the nuanced needs of neurodiverse adult learners. She is active in the counselling community, providing opportunities for continuing professional development for qualifying and qualified counsellors. She is also currently studying for her Professional Doctorate with a specialist interest in the personal and professional learning and development of counsellors and clinical supervisors. (MA, MNCP (Prof Accred.), MBACP, CIPD)



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