

Training for counsellors

Integrating a Solution Focused Approach into Your Person-Centred Practice

Overview:

If you manage to obtain work for an Employee Assistance Programme or if you are contacted directly by a charity or an organisation to provide therapeutic counselling for a member of their team, chances are they will only be able to fund a limited number of sessions. Yet the client still wants to experience your person-centred therapeutic approach.

And for private practice, fact of the matter is that some clients need a limited number of sessions, perhaps for financial reasons or because that's the only time they have available.

As an executive coach turned therapeutic counsellor, I worked out my format to integrate a simple coaching framework alongside the person-centred approach that keeps the client's needs in mind whilst also satisfying my desire to offer therapy from a person-centred so much so that I can genuinely offer that I my approach is "integrative based in person-centred principles"

Who is this course for?

Qualified or qualifying therapeutic counsellors who want to integrate solution focused practices into their therapeutic practice without losing touch with their person-centred philosophy.

When: Saturday 3 May 2025, 9:30-4pm (5.5 CPD)

Cost: £60 per person.

Where: Training for Counsellors, Haydock House, Haydock Mews, Pleckgate Road, Blackburn, Lancashire. BB1 9RP

Interested? Booking link at www.training-for-counsellors/book-online



Call or Text
01254 476704



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About Sam relationship with the solution-focused approach



Sam's former role to being a therapeutic counsellor was as a learning and development officer and included a therapeutic coach role. She frequently worked one-to-one and trained other professionals how to incorporate coaching knowledge and skills into their daily working practices.

When she completed my counselling qualification in 2016, she knew that she wanted to incorporate those skills into her therapeutic practice and set to work. *"It was important to me that my clients didn't feel as though they were being coached but that I could give them the choice of how they engaged in therapy. My clients regularly tell me that this works for them and that's good for me!"*

Since becoming a clinical supervisor, she has shared her 'how to' with other therapists so that they can integrate the ideals and practices of solution focused working into their person-centred practice in a way that doesn't take them away from their person-centred core.

About Training for Counsellors

Training for Counsellors was established in 2024 by Samantha (Sam) Crapnell because she wanted to celebrate the vast amount of knowledge, skills, passion and commitment that exists locally in our profession.

'We' are comprised of a growing team of people who are: designing and facilitating (or co-facilitating) courses and CPD activities, knowledge sharing their areas of interest to the benefit of clients and personal/professional development of the practitioners; becoming regular members of the Community of Practice; contributing to the ever extending library of books and learning resources; and sharing the word about what we are trying to bring to our community, our profession and our clients.

As a result, the company is developing quickly offering qualifying courses, training certificates, in person and online CPD opportunities that are relevant to practice. And we are proud of what we offer because the regular feedback confirms that we are offering learning opportunities that allow people to learn in their own way, taking away what they need.



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